

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Selection of cereals and fruits	Selection of cereals, fruits and croissant	Selection of cereals and fruits	Selection of cereals, fruits and toast	Selection of cereals and fruits	Breakfast
Snack	Plum/Pear	Melon/Apple	Sharon fruit/Banana	Satsuma/Strawberry	Nectarine/Orange	Snack
Main Lunch	Beef burger with brown roll, homemade ketchup and salad	Mushroom, sweetcorn and spinach creamy pasta	BBQ roast pork, sweet potato and broccoli	Coconut dahl with spinach and turmeric and coriander bread	Turkey Katsu curry with carrots and pak choi and mushroom noodles	Main Lunch
Vegetarian	Veggie cake with brown roll, homemade ketchup and salad	Mushroom, sweetcorn and spinach creamy pasta	BBQ roast tempeh, sweet potato and broccoli	Coconut dahl with spinach and turmeric and coriander bread	Cauliflower grills Katsu curry with carrots and pak choi and mushroom noodles	Vegetarian
Dessert	Melon frozen yoghurt	Blancmange with raspberry coulis	Watermelon	Blueberry smoothie	Pineapple	Dessert
Snack	Rice cake and apple	Cornish wafer and cucumber sticks	Orange and oatmeal yoghurt	Cream cracker with sliced cheddar and onion chutney	Toasted crumpets with homemade peach jam	Snack
Tea	Tuscan bean and sundried tomato vegetable pie with carrots	Chicken Thai meatballs with pitta bread, sweet chilli mayo and cauliflower	Red onion, sweetcorn and olives pizza	Uzbek lamb plov	3 cheese and chicken baked fajita	Tea
Vegetarian	Tuscan bean and sundried tomato vegetable pie with carrots	Vegetarian Thai meatballs with pitta bread, sweet chilli mayo and cauliflower	Red onion, sweetcorn and olives pizza	Uzbek soya mince plov	3 cheese and haricot bean baked fajita	Vegetarian
Pureed Menu						Pureed Menu
Dessert	Fruit salad with mint	Orange	Peaches	Banana	Cocoa and sweet potato brownie	Dessert

Baby menu - Food served pureed, either mashed or broken down according to the individual needs of children.

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Selection of cereals and fruits	Selection of cereals and fruits	Selection of cereals, fruits and brioche	Selection of cereals and fruits	Selection of cereals, fruits and crumpets	Breakfast
Snack	Apple/Grapes	Apricot/Satsuma	Orange/Raspberry	Blueberry/Pineapple	Pear/Banana	Snack
Main Lunch	Jollof rice with plantain and grilled chicken	Pork sausage, paprika wedges, peas and lemon and garlic mayonnaise	Garlic turkey with roasted buttered new potatoes and salad	Rigatoni with pork and vegetables	Smoked haddock, salmon, leek and spinach pie with peas	Main Lunch
Vegetarian	Jollof rice with plantain and grilled paneer	Red onion and rosemary vegetarian sausages, paprika wedges, peas and lemon and garlic mayonnaise	Garlic tofu with roasted buttered new potatoes and	Rigatoni with quorn mince and vegetables	Butterbean, leek and spinach pie with peas	Vegetarian
Dessert	Passion fruit mousse	Peaches	Plum cheesecake	Pear yoghurt	Melon	Dessert
Snack	Cream cracker with carrot sticks	Oatcake and cream cheese	Bagel with avocado and tomato	Toasted muffins with berry and banana compote	Breadstick with grated cheese and grapes	Snack
Tea	Hidden vegetables pasta with cheese	Cavendish selection of sandwiches	Homemade baked beans, garlic cheesy focaccia and cucumber sticks	Chimichurri roast beef and mediterranean veg with brown roll	Tofu and scrambled egg vegetable fried rice with cucumber stick	Tea
Vegetarian	Hidden vegetables pasta with cheese	Cavendish selection of sandwiches	Homemade baked beans, garlic cheesy focaccia and cucumber sticks	Roasted chimichurri seitan and mediterranean veg with brown roll	Tofu and scrambled egg vegetable fried rice with cucumber stick	Vegetarian
Pureed Menu						Pureed Menu
Dessert	Orange and beetroot cookie	Fruit platter	Fruit smoothie	Mango lemonade	Roasted apricot tart	Dessert

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	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Selection of cereals, fruits and croissant	Selection of cereals and fruits	Selection of cereals and fruits	Selection of cereals, fruits and toast	Selection of cereals and fruits	Breakfast
Snack	Nectarine/ Satsuma	Watermelon/Pear	Satsuma/Plum	Banana/Apple	Melon/Orange	Snack
Main Lunch	Pickled ginger and turkey fried rice	Lamb pepper pot with mixed vegetables and sweet potato bread	Yellow split pea, sweet potato and coriander dhal with roti	Thai fish curry, vegetables and jasmine rice	Beef ragu with fusilli pasta	Main Lunch
Vegetarian	Pickled ginger and vegetables fried rice	Black eyed peas pepper pot with mixed vegetables and sweet potato bread	Yellow split pea, sweet potato and coriander dhal with roti	Thai paneer curry, vegetables and jasmine rice	Veggie mince ragu with fusilli pasta	Vegetarian
Dessert	Melon	Pineapple	Watermelon summer salad	Peach ice cream	Lemon and blueberry yoghurt	Dessert
Snack	Breadstick and garlic and herbs cream cheese	Rice cake and satsuma	Pesto cheese twists	Toast with vegan chives butter	Cornish wafer with grated cheese	Snack
Tea	Tomato and basil parmigiano tart with mango, carrot and cucumber salad	3 Cheese and spinach baked mac and cheese	Chicken tenders, tortilla, yoghurt dip and a mango, avocado, tomato and blueberry salad	Pepper, courgette and sweetcorn pizza	Leek, chicken potato gratin with sweetcorn and peas	Tea
Vegetarian	Tomato and basil parmigiano tart with mango, carrot and cucumber salad	3 Cheese and spinach baked mac and cheese	Peas, potato and carrot veggie fingers, tortilla, yoghurt dip and a mango, avocado, tomato and blueberry salad	Pepper, courgette and sweetcorn pizza	Leek, kidney beans potato gratin with sweetcorn and peas	Vegetarian
Pureed Menu						Pureed Menu
Dessert	Orange	Avocado, vanilla and banana smoothie	Coconut and lime cake	Papaya	Mango	Dessert

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	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Selection of cereals and fruits	Selection of cereals, fruits and brioche	Selection of cereals and fruits	Selection of cereals, fruits and croissant	Selection of cereals, and fruits	Breakfast
Snack	Peach/Melon	Nectarine/Raspberry	Mango/Apple	Satsuma/Pineapple	Grapes/Pear	Snack
Main Lunch	Vegetarian spaghetti Bolognese with grated cheese	Beef black bean chilli with sweet potato wedges and sour cream	Lamb kofta, chickpea couscous with spicy tomato sauce	Chickpea, spinach and potato curry with garlic naan bread	Chinese sticky pork with pickled cucumber, steamed buns and sweetcorn	Main Lunch
Vegetarian	Vegetarian spaghetti Bolognese with grated cheese	Non carne black bean chilli with sweet potato wedges and sour	Veggie kofta, chickpea couscous with spicy tomato sauce	Chickpea, spinach and potato curry with garlic naan bread	Chinese sticky seitan with pickled cucumber, steamed buns and sweetcorn	Vegetarian
Dessert	Mango	Plum yoghurt	Papaya	Watermelon	Mango, coconut and yoghurt ice cream	Dessert
Snack	Corn cake and oranges	Oatcake with roasted pepper hummus	Matzo and banana	Cranberries and baked seeds cream cheese with pitta bead	Homemade apple flapjacks	Snack
Tea	Cornflake breaded turkey, garlic aioli and a chickpea, carrot, cucumber, red onion and pepper salad	Cavendish quiche with pomegranate salad	Tuna and vegetables crumble with salad	Chicken sausage, sweet potatoes, BBQ sauce and sweetcorn	Parsnip, apple and cheese pinwheels with sage onion jam and broccoli	Tea
Vegetarian	Veggie wellington, garlic aioli and a chickpea, carrot, cucumber, red onion and pepper salad	Cavendish quiche with pomegranate salad	Roasted aubergine and leek vegetables crumble with salad	Veggie Lincolnshire sausage, sweet potatoes, BBQ sauce and sweetcorn	Parsnip, apple and cheese pinwheels with sage onion jam and broccoli	Vegetarian
Pureed Menu						Pureed Menu
Dessert	Summer fruit platter	Lemon and strawberry cookie	Banana	Oat and berry smoothie	Honeydew melon	Dessert

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